# DEDICATIONS...

1973

# Mack School of Nursing

Digitized by the Internet Archive
in 2015

https://archive.org/details/dedicationsmack1973niag

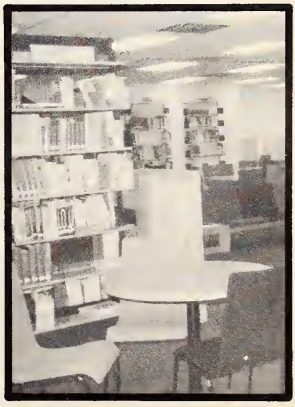
Dedications... 73

Dedicated to the Fellowship
of the
Mack School of Nursing
with Special Dedication
to
Miss Sylvia Brough

# With Special Dedication to...

We, the students of the Mack School of Nursing, gratefully dedicate this yearbook to Miss Sylvia Brough, whose diligent work and dedication will always be remembered.

The Mack School...



...I shall pass
this way but once...

...any kindness that I show
my fellow man...

...let me
do so now...

...let me
not defer...

...nor neglect
it...

...for I shall not...

...pass this way again.

Dedications To...

# The Principal...

Graduation for each of you is an important occasion. It brings to a close one phase of life and transports you into another. It marks the end of two years of preparation for your life's work, and opens for you at last that long-awaited door.

Each of you has brought to "Mack" special gifts from which we all have benefited. In turn, you are taking away with you other gifts which you have earned through study and friendships with faculty and students. These are lasting gifts which light the road ahead.

While it can be said that only a fool truly believes that he can live his life the way he plans it, we must nevertheless have plans and hopes. You will find that your destinies are determined in ways that you could never have planned. Being a competent master of your task, so that you may serve both loyally and well, will be the best guarantee of your success.

To each of you I extend a warm congratulation. Your teachers join me in expressing the wish that each of you may enjoy a full measure of personal and of professional accomplishment.

"May life open to you, door by door; may you find yourself the ability to trust it, and the courage to give to the difficult the most confidence of all."

Lois a. Miller

Principal

Congratulations...

On Your

New Position

In life there is a time for joy and a time for tears. As nurses you have and will know times filled with the joys of helping and healing, and times filled with the tears of frustration. You as nurses will live life to its fullest.
Kahlil Gibran wrote "Work is love made visible". As you begin working in your nursing careers, remember, you have a unique responsibility to make every aspect of your work an act of love; love for the nursing craft and more important, love for all humanity. Remember also, no act of love is too small or too large for the heart and hands of living persons. Love and work for your family, friends, profession and yourself. For if you do, you shall grow as a nurse and as a human being. All the staff here at the Shaver Hospital for Chest Diseases congratulate each and every one of you, the class of 1973, and wish for you the best things of living and loving.

Rita M. Grobb

(Mrs. M. A.) Rita M. Grobb, R.N.
Director of Nursing
The Shaver Hospital For Chest Diseases.

On behalf of the Sisters and staff of Hotel Dieu Hospital, may I take this opportunity to offer you our heartiest congratulations and to wish you success and fulfillment in your nursing career.

Marjorie Hemphill

(Mrs.) J. F. Hemphill
Director Nursing Service.

On behalf of the Nursing staff of The St. Catharines General Hospital it is my pleasure to extend congratulations and good wishes to the 1973 graduating class of the Mack School of Nursing.
We know that you will continue to seek knowledge and understanding, remembering the words of Samuel Johnson, "What we hope ever to do with ease, we must learn first to do with diligence".
We sincerely hope you will find fulfillment in your career.

Lillian R Flight

(Mrs.) L. R. Flight,
Director of Nursing Service
The St. Catharines General Hospital.

On behalf of the Hospital and Nursing Department personnel, I wish to convey to each member of the 1973 Graduating Class my personal and sincerest congratulations on this important achievement.
It was indeed a privilege for each one of us to have shared in your learning during your varied experiences in our hospital. We have certainly derived mutual enrichment through this educational encounter in our clinical areas.
May you continue to find self-fulfillment and success in your lives as you enter the nursing profession where the health of people is your prime concern.

A Fleury

Miss Agnes Fleury,
Director of Nursing
Welland County General Hospital.

Dear students,
"It is my pleasure, on behalf of the nursing staff of Port Colborne General Hospital, to extend congratulations to the 1973 graduating class of the Mack School of Nursing.
Your efforts, past, present and future will be an inspiration to those with whom you come in contact, and to those who follow you. The future role of nursing may well rest with you."

Yours very truly,

L Payne

(Mrs.) Livia Payne,
Director of Nursing.

Education in a School of Nursing or any school of comparable training is not an exercise in cramming, but a flexing of mental muscles to develop their ability to discern and absorb. You do not study to be a nurse, but to know what a nurse has to be. These two years at Mack have been spent with many like yourself who want to be a nurse and with a few faculty friends who know what a nurse has to be. It is in this environment of ideas that you have developed your own interpretation of nursing.
After Graduation, knowing what a nurse has to be, will be taken for granted, how you will be a nurse is then a personal thing. Florence Nightingale, whose abilities ran the list of public service, is remembered most of all for the two outstanding qualities --- her steadfastness of purpose and her compassion for her soldier patients. This above all I leave with you: be a "patient" nurse and nurse your patient; look upon the sick with compassion and they will heap gratitude on your name. Be unfailing in your practice and it will reward you in many ways. Yours is an honourable profession but only you can bring it honour.

Mr. Donald P. Shaw,
Chairman of the Mack School of Nursing Committee

The making of Dedications. . .

I sincerely extend my thanks to those listed on the opposite page for their help in making "Dedications" what it is.

May I also mention that the name of our book was changed to help give it a deeper meaning. A contest was held and it was decided that Margaret Muir's title, "Dedications", should be chosen.

I hope that now and in future years, you will enjoy reminiscing through "Dedications" as it is dedicated to all of you.

Sincerely,

Judy Monteith

Miss L. Willms

Mrs. I. Seburn

Margaret Muir

Mary Ann Fiocca

Debbie Sheppard

Joyce Young

Heather Wilson

Heather Fisher

Mrs. E. Christensen

Mary Magee

Joanne Hutchison

Susan Butler

Corleen McCullough

Kim Moligian

Denise Kesselring

Rick Leenders

Sally Kuckyt

Cora Hunse

Trudy Martin

# Guess Who? Answers on page 92

1.

2.

3.

4.

5.

Where would we be without...

FRONT ROW: Mrs. E. Kita, Mrs. E. Christensen, Mrs. P. Triano, Miss L. Willms, Mrs. J. Skog, Sr. D. Demulling, Mrs. B. Langley.
BACK ROW: Mrs. I. Seburn, Mrs. D. Harding, Mrs. D. Conradi, Miss V. Smith, Miss C. Tilden, Mrs. L. Twocock, Miss M. O'Neill, Miss M. J. Shoalts.

# Year I Teachers

# Year II Teachers

FRONT ROW: Miss M. Fast, Mrs. M. Goffin, Mrs. M. Fairman, Mrs. G. Munroe, Mrs. A. Dommen, Miss A. Workman.
BACK ROW: Mr. M. El-Farram, Miss C. Niven, Mrs. B. Gray, Mrs. A. Lefebvre, Miss J. Tagulinao, Mrs. A. Bittersohl, Mrs. M. Sirotnik, Mr. N. Zadoroznij.

N. Rolls, Librarian

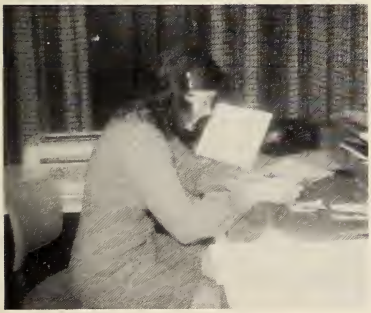
M. Finlayson, Health Director

# Secretaries

Mrs. E. Hodgson

Miss S. McCready

Miss C. Korince

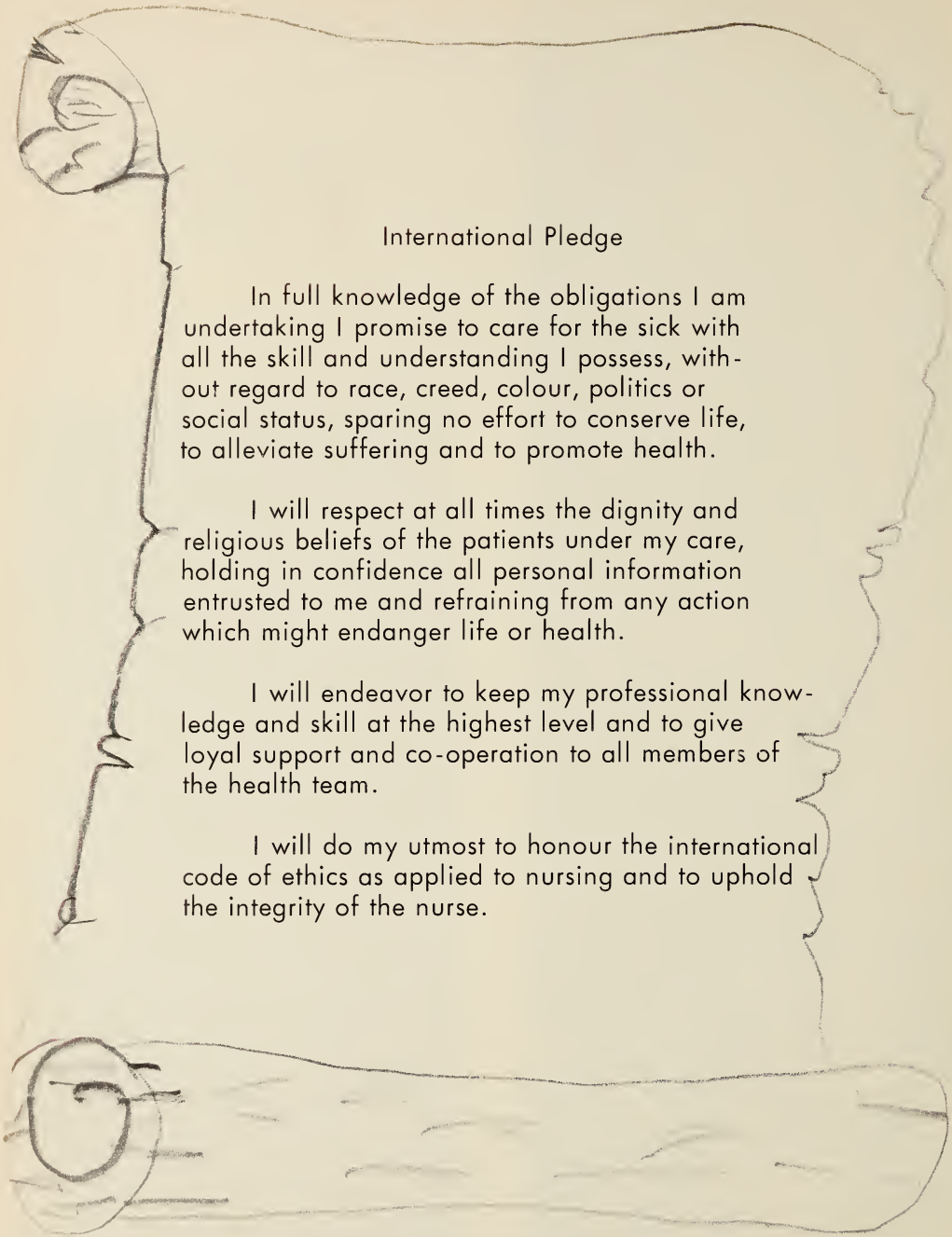


Miss S. Ballantyne

Mrs. C. Speirs

# Housemothers

# Housekeeping Staff



## International Pledge

In full knowledge of the obligations I am undertaking I promise to care for the sick with all the skill and understanding I possess, without regard to race, creed, colour, politics or social status, sparing no effort to conserve life, to alleviate suffering and to promote health.

I will respect at all times the dignity and religious beliefs of the patients under my care, holding in confidence all personal information entrusted to me and refraining from any action which might endanger life or health.

I will endeavor to keep my professional knowledge and skill at the highest level and to give loyal support and co-operation to all members of the health team.

I will do my utmost to honour the international code of ethics as applied to nursing and to uphold the integrity of the nurse.

Dedications to Grads of '73...

A journey of a thousand miles begins with one step. Your journey began two years ago when you entered the nursing programme, having made a decision to further organize your lives and develop your capacities. At the onset, your inexperienced steps were slow and hesitant. Little by little, you gained in assurance and, as initial insecurity lessened, you became a more confident traveller in the realm of nursing. For teachers, it was gratifying to see with what rapidity you extracted from everything --- books, people, films, quiet conversation, random phrases, encounter with persons experiencing the pains and joys of living --- what was needed to sustain you during difficult and joyous moments on the road of educational experience. Amid gentle encouragement, you proceeded with an increasingly calm, unconquerable and assured spirit.

Throughout the past two years, you have had to persevere long in your learning and adapt to varying situations remaining firm in your direction and correct in your goals. Often, you had to channel energies according to the rightness of things and timeliness of action rather than to wishful thinking or preferences. Soon you will approach the "launching zone". You do so in the spirit of the true inquirer who believes in intellectual honesty and who remains humble enough to realize that there is still much for all of us to learn. When you depart, we trust that you will continue to be flexible and assertive according to the demands of duty and tenor of the times.

As you move forward into the next phase of life experience, we wish for you health --- the groundwork of all happiness --- and the quality of involvement in the realm of human experience which includes meaningful encounter and change. This encounter will happen in a world in which almost every truth is being questioned --- an uneasy world which needs people who care about dignity, respect, feelings, pride, individuality, and personal worth. Caring will demand active involvement and an unselfish giving of yourselves to those for whom you care.

You have travelled admirably with steadfast determination overcoming obstacles during your formal nursing preparation. We are proud of you and your accomplishments. Our continued wishes for you are that you experience satisfaction and fulfillment in your personal and professional lives and that life gives you the freedom and courage, to

Love the beautiful
Seek out the true
Wish for the good
And the best do. (Moses Mendelssohn)

Affectionately,

Mary Sirotnik

(Mrs.) Mary Sirotnik
and Teachers of Term 11

JOYCE ANDRES

PATRICIA ARMSTRONG

SUZETTE ARSENEAU

DEBRA BAKER

RUTH BAZAK

MELODY BEDDALL

CLAUDIA BIRCH

ALIDA BOSCHMAN

TERRY LEE BROWN

LAURA BUTCHER

JOANNE CHUDZIK

LORRAINE CORMIER

CYNTHIA CURLEY

LINDA CZERLAU

ALIDA DE MOEL

ALICE DE WEERO

MAUREEN DICKINSON

KRISTINE DINGWALL

LENA DONATELLI

ASTRID EILMES

CYNTHIA ELLIOTT

NANCY FERRI

DIANE FONTAINE

PAMELA FRENCH

BARBARA GIBSON

ALAINE GILLINGHAM

PATRICIA GILMORE

KIMBERLY GOSS

NORINE HANLON

JANE HARRISON

DEBORAH HEPBURN

MARGARETE HIGENELL

JANET HODGKINS

CATHERINE HORNE

DEBORAH HOWE

ELIZABETH HYATT

HEDWIG JANZEN

MARGARET JESSOME

IRENE KOCIS

ALTHEA KOLLEN

MARLENE LAMOTHE

DIRK LEENDERS

RONALD LENZ

LINDA LETARTE

DIANE LAVIONNOIS

MERLE LUDLOW

PHYLLIS MARR

BARBARA MATEYK

SUZANNE MERRITT

DIANE METHOT

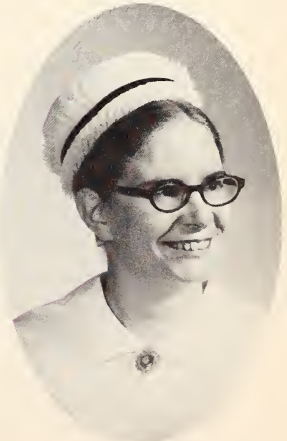
KIM MOLIGIAN

JUDITH MONTEITH

JACKALAINE MOONEY

MARGARET MUIR

COLLEEN McCARTHY



ARDIS McCORMICK

DOROTHY McDONNELL

MARY McDONNELL

ANGELINA PACE

ELIZABETH PETERS

SHEILA ROBERTS

CHERYL ROBINS

ELAINE ROBINSON

LYNN ROBITAILLE

HEATHER ROSE

SALLY ST. ONGE

CATHERINE SCALETTA

BRENDA SCHREINER

BONNIE SCOTT

LINDA SHATKOSKY

DEBORAH SHEPPARD

SUSAN STODDART

RUTH SVELZLE

LINDA SWEENEY

RUTH TALBOT

JOHANNA THORBURN

MARIE TRAVER

MARY TURCHETTI

CATHARINA VAN VELZEN

JEANETTE VAN WYLICK

RUTH VILLESECHE

BONNIE WADDELL

SUSANNE WAGNER

SANDRA WARRINER

CYNTHIA WELLER

MARY WHITEHEAD

SANDRA WICKABROD

MARGARET WIENS

HEATHER WILSON

IRENE WOJNAROWSKI

JOYCE YOUNG

## LISTEN, NURSES

I was hungry and could not feed myself.
You left my food tray out of reach
on my bedside table,
Then you discussed my nutritional needs
during a nursing conference.

I was thirsty and helpless, but you forgot
to ask the attendant to
refill my water pitcher.
You later charted that I refused fluids.

I was lonely and afraid, but you left me alone
because I was so co-operative
and never asked for anything.

I was in financial difficulties
and in your mind I became an object
of annoyance.

I was a nursing problem and you discussed
the theoretical basis of my illness.
And you do not even see me.

I was thought to be dying and,
thinking I could not hear, you said you hoped
I would not die
before it was time to finish your day
because you had
an appointment at the beauty parlor
before your evening date.

You seem so well educated, well spoken,
and so neat in your spotless unwrinkled uniform.
But when I speak to you, you seem to listen
but do not hear me.

Help me, care about what happens to me,
I am so tired, so lonely and so very afraid.
Talk to me--reach out to me--take my hand.
Let what happens to me matter to you.

Please, nurse, listen.

Dedications to the Class of '74...

You are constantly being confronted with the need to make decisions, ones which will influence you as well as the people around you, whether they be friends, family, classmates or patients. Regardless of the significance of the decisions you make, the success you achieve rests mainly on the goals you have set for yourself and your dedication to these goals. Disraeli has stated that: "The secret of success is constancy to purpose." On behalf of the Term 1 faculty, I would like to wish you continued success as you follow the path you have chosen. Our challenge to you:

"Have a purpose in life, and having it, throw into your work such strength of mind and muscle as God has given you."

Linda Hillons

Term 1 Co-ordinator

Patricia Adamyk

Jane Allen

Jill Allen

Linda Andrusyk

Dianne Arnold

Joanne Bagley

Shirley Barton

Jane Beaton

Maxwell Bennie

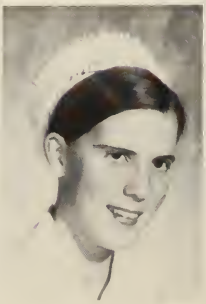
Constance Benson

Linda Berg

Lynn Bishop

Elizabeth Blackmore

Lois Boles



Nancy Bond

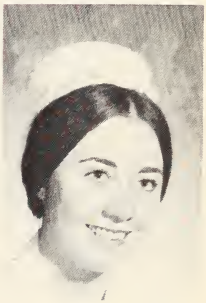
Louise-Anne Bourdages

Barbara Bradley

Marlene Brown

Carol Bray

Karen Buck



Dale Buckley

Christine Buksbaum

Susan Butler

Joan Carter

Maureen Collinson

Debra Cormier

Cynthia Cosgrove

Susan Crompton

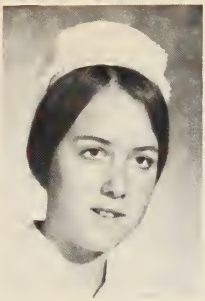
Susan Crysler

Eileen Curran

Joan Damarell

Elaine Davis

Cheryl Dowdy



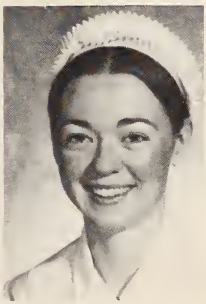
Mary Louise Dorsch

Linda Dyck

Sandra Dyck

Judith Ely

Dianne Enns



Giesela Enns

Mary Louise Enns

Eileen Ens

Janet Eyk

Edna Feeney

Juanita Fidia

Catharine Finn

MaryAnn Fiocca

Heather Fisher

Mavourneen Foran

Donna Ford

Donna Freel

Theresa Gleason

Margaret Haapamaki

Kimberly Hall

Joan Hildebrand

Rebecca Hills

Leith Ann Hood

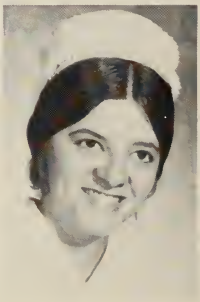
Virpi Hogbacka

Cornelia Hunse

JoAnn Hutchison

Lydia Huyer

Kathryn Irvine



Elvira Issac

Alvina Janzen

Catherine Johnson

Beverly Johnson

Veronica Kaldy

Cathryn Kennedy

Brenda Kernahan

Denise Kesseiring

Rosemary Klassen

Deborah Kolbuc

Sally Kuckyt

Theresa Lazarz

Helene Lefebvre

Deborah Lensor

Shelley Lisicky

Brenda Litz

June MacMillan

Mary Magee

Joan Magner

Irene Majkut

Charlotte Marshall

Gertrude Martin

Madeleine Martin

Susan Martin

Rita Meissner

Ginette Mercier

Joanne Miller

Beverly Mitchell

Kathryn Murphy

Diane Murray

Linda Murray

Margaret McClean

Nicole McClean

Cynthia McClure

Corleen McCullough

Janet McDonald

William McElrea

Josephine Nero

Katharine Paetkau

Brian Palmer

Anna Pankratz

Patricia Paolozzi

Siegrid Pietsch

Lee Pischedda

Evelyn Poeltl

Theresa Popko

Lea Anne Priest

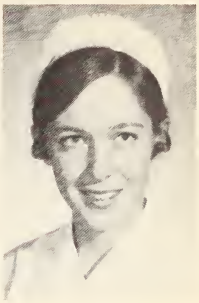
Ariena Radsma

Linda Rasmussen

Deborah Rudge

Margaret Rudy

Rosemary St. Amand



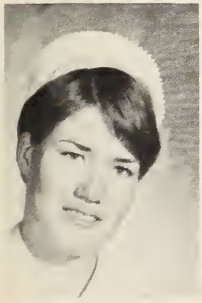
Annemarie Sawatsky

Mary Ann Schneider

Janice Semenach

Betty Lou Sider

Janice Smith



Colleen Sneath

Wanda Sobolak

Linda Soyer

Dorothy Stewart

Yolanda Stoop

Sandra Strutz

Kristi Suominen

Patricia Svob

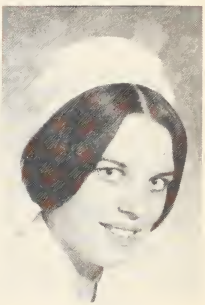
Shelley Todd

Bonnie Tomkow

Catalina Tsang

Doreen Upper

Ellen Van Rooyen

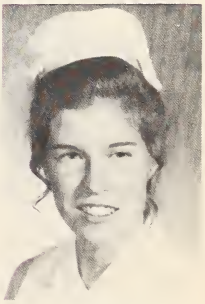


Anita Nehlow

Marilyn Vernon

Sally Wesolowski

Noreen Wheeler



Susan White

Edith Whiteside

Leigh Wills

Diane Wilson

Donna Witty

William Wolchuk

Anne Woodhouse

Diane Graffi

I'll kill you Monteith!!

You were expecting Racheal perhaps?

Ugh!! That cafeteria food!

There's lots of room in here for more!!

I wonder if this is good for my bustline?

Dedications to Reality...

Realty is . . .

hiding in the medicine cupboard when the phone rings on wards and the secretary is at lunch.

pretending you don't hear the surgeon's question while observing in the O.R.

watching your first I.M. bounce back at you.

communicating with Giuseppi Giovanni for 2 weeks.

waving good morning to a blind patient.

selling peppermint patties, pens, and raffle tickets all in one week.

a 20 page written unit test.

when your roommate has to get up at six the day you start classes at nine.

waiting for the girl in the next "john" to leave while she's waiting for you.

having your arms full and signing in and out.

studying varicose veins and realizing that you have all 4 predisposing factors.

having your tray full of your favorite meal but no lunch card.

eating lunch in 10 minutes so you can watch "All My Children".

stepping on the elevator 5 minutes late for class and finding all of the buttons pushed.

knowing you're focus for a peeping-Tom.

sunbathing in April.

an empty mailbox.

getting a note from Miss Rolls that a book you never borrowed is overdue.

MUIR
'73

You can't have your cookie & eat it too or can you Linda?

Do you think Mr. "Z" will notice me now?

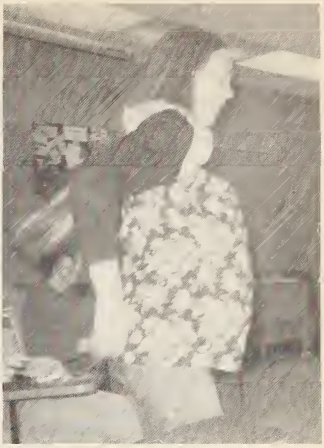
Oh! Oh! I just got my "How to do it" Sex manual in the mail.

We met these 2 guys at the Montcello last nite and...

Deck the halls with boughs of holly!

Yes? May I help you? ---Please!!

Oh! Oh! Call B 12!!!



I should of danced all night.

exams are such a drag!!

Wait 'til it's all off before you take the picture!!

Angie! Put back that cookie!!.

Now remember Lois, I get the first dance with Mr. Z.

Students, I'd just like to emphasize that this is a crazy, upside down world we live in.

Girls! How many times do I have to tell you that babies don't grow in cabbage patches.

I'm sorry, this class is restricted to those 18 yrs. and over!

Ha! Ha! and you all thought that being principal was all work and no play!!

All this psychiatry is getting to me!!

Will 3:30 never come?

Honest! This is all I ever have for lunch.

My girdle is killing me!!

Gulp, gulp, choke gulp.

"The boys in the OR" Tell me this stryker frame "is where its at"

# Dedications to Our Foster Child, Zenaida Bautista, from Manila in the Philippines

Zenaida Bautista was 6 years old on March 9, 1973. Zeny is a very playful little girl. She loves playing with the neighbourhood children. Her favourite games are playing house, stores, and school. Zeny gets along well with her peers. She is still very inhibited when in the company of adults. She is bashful. Hopefully, she will overcome this.

Zeny's eldest brother, Mario, is 20 years old. He was unable to finish the 5th grade and has difficulty in finding a good job. He works with his father as a fisherman and together they earn $2.00 a week. Mrs. Bautista is a housewife. Zeny has 7 other brothers and sisters between the ages of 17 and 2. All of the children are in good health. The family lives in a rural area that is an hour and a half drive from Manila. The house is made of palm leaves, bamboo, lumber, and galvanized iron sheets. It is rented at $3.35 a month.

Life has been difficult for the Bautista's. With the family's meager income, basic needs could hardly be met. Moreover, the children could not avail themselves of a good education. With Foster Parents' Plans help life can be a bit changed now. Basic needs are amply met and next year it is hoped that all of the school aged children will be in school. Then the potentials of every family member shall be explored and developed so that everyone can eventually be a contributor towards progress.

## BEING

I saw the moon, through the fog,
A shadow moved slowly
Toward my soul,
It was you.

Next, the fog cleared, and
The moon shone bright
You touched my soul
Through the clear moonlight.

My flesh was chilled
My soul glowed warm.
You touched my heart
In the dew of early morn.

The life I have
Was stirred by you.
I thank the moonlight,
The misty fog and the dew.

Patti Armstrong

Student
Nurses
Association
Executive

Mack Follies 1973

MILLS 1

...Etc. ... Etc. ... Etc. ...

Congratulations to the Graduates
from

**STOP and SHOP
VARIETY STORE**

175 1/2 Queenston St.
St. Catharines, Ont.

167 Queenston St.,
Opposite Hospital

**CROWLEY'S FLOWERS**

682-0136 St. Catharines, Ont.

**CUTHBERT
PHARMACY**

111 Queenston St.

St. Catharines, Ont.

**BIRK'S JEWELLERS**

Headquarters for School
Insignia Rings

10% off for all students
in training
*upon presentation of
student card

located at Pen Centre
Glendale Ave.,
St. Catharines, Ont.

**MAGDER'S UNIFORM SHOP**

Uniforms white and coloured
for nurses, doctors, druggists, waitresses
Also pantsuits

40 Queenston St. 682-7368

**THE SUB SHOP**

151 Queenston St.

82 King St.

288 Ontario St.

St. Catharines, Ontario

BOOKS FOR EVERYBODY

We carry a wide range of titles-beautiful art and photographic books, useful reference works, and exciting fiction and non-fiction books to suit every taste.

Visit us and see our complete selection.

Paperbacks Clothbound

# BEATTIE STATIONERY LIMITED

136 St. Paul Street,
St. Catharines

42 Jarvis,
Fort Erie

Grantham Plaza,
St. Catharines

Congratulations and Best Wishes

**BROOKS-KENNEDY PHOTOGRAPHERS**

Weddings Portraits Commercial

Natural Colour and Black and White
FLOYD G. BROOKS

10% discount for Graduates' Weddings

100 Niagara St. St. Catharines, Ont. 685-6092

Answers to page 20.

1. Corleen McCullough
2. Mary Ann Fiocca
3. Margaret Muir
4. Judy Monteith
5. Susan Butler

# Autographs

# Autographs

No more teachers, no more books

Printed by Inter-Collegiate Press of Canada (1971) L

# Mack School of Nursing